

Hosted by the
National Capital Area Women's Paddling Association

200 m		Open Women		Round 1	Highlighted time is the faster round used for ranking					
Heat	Time	Lane	Paddler		Time	Team / Club	Heat	Div.	Age Class	Gender
1	10:00	1	Mihaela	Kracun	01:02.40	Catch22	7	See rankings below	Open (19 - 39)	F
		2	Silvia	Lee	00:57.20	Catch22	4			
		3	Jennie	Vongsoasup	00:56.10	NJ DBC	1			
		4	Amira	Issa	00:59.30	NJ DBC	5			
		5	Nikkichu	Colasito	1:00:00	DC Dragons	6			
		6	Qing	Liao	01:06.70	Catch22	8			
		7	Zelda	Zhao	00:56.60	DC Dragons	3			
		8	Darlene	Tzou	00:56.40	DC Dragons	2			

200 m		Open Men / Youth Men		Round 1	Highlighted time is the faster round used for ranking					
Heat	Time	Lane	Paddler		Time	Team / Club	Heat	Div.	Age Class	Gender
2	10:03	1						See rankings below	Open (19 - 39)	M
		2	Joshua	Hernandez	00:48.00	DC Dragons	2			
		3	Andrew	Jackson	00:46.40	NCA Outrigger	1			
		4	Matthew	Kinsey-Korzym	00:50.20	DC Dragons	4			
		5	Yohei	Rosen	00:48.30	Catch22	3			
		6	Ilya	Pistryakov	00:52.00	DC Dragons	5			
		7	Lorenzo	Parkins	00:57.90	Capital City Dragons	6			
		8	Jayden	Ramdas	01:41.50	Capital City Dragons	7			

200 m		Open Men		Round 1	Highlighted time is the faster round used for ranking					
Heat	Time	Lane	Paddler		Time	Team / Club	Heat	Div.	Age Class	Gender
3	10:06	1						See rankings below	Open (19 - 39)	M
		2	Jeff	Young	00:45.00	DC Dragons	2			
		3	Sean	Havens	00:46.90	Washington Canoe Club	5			
		4	Matthew	Au	00:56.80	NJ DBC	6			
		5	Armando	Gong	00:45.70	Catch22	3			
		6	Tony	Huang	00:45.70	Catch22	3			
		7	James	Dunbar	00:41.30	DC Dragons	1			
		8								

200 m		Sr. B Women		Round 1	Highlighted time is the faster round used for ranking					
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
4	10:09	1						See rankings below	Senior B (50+)	F
		2								
		3	Chezza	Brower	00:58.10	DC Dragons	1			
		4	Sharon	Goodall	01:01.90	NCA Outrigger	2			
		5	Eileen	Yorke	01:03.80	DC Dragons	4			
		6	Jin	Zhang	01:03.50	NCA Outrigger	3			
		7								
		8								

200 m		Sr. A / Sr. B Men		Round 1	Highlighted time is the faster round used for ranking					
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
5	10:12	1	Carlos	Espada	00:49.10	NYC United	4	See rankings below	Senior A (40+)	M
		2	Alvin	Colasito	00:47.10	DC Dragons	2		Senior A (40+)	
		3	Jeffrey	Wong	00:46.50	Catch22	1		Senior A (40+)	
		4	Steve		00:50.20	NCA Outrigger	6		Senior A (40+)	
		5	Paul	Colasito	00:49.80	DC Dragons	5		Senior B (50+)	
		6							Senior B (50+)	
		7	Brian	Turley	00:56.50	DC Dragons	7		Senior B (50+)	
		8	Tericke	Blanchard	00:48.30	DC Dragons	3		Senior B (50+)	

200 m		Open Women		Round 2	Highlighted time is the faster round used for ranking					
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
6	10:15	1	Silvia	Lee	00:58.50	Catch22	4	See rankings below	Open (19 - 39)	F
		2	Jennie	Vongsoasup	00:54.80	NJ DBC	1			
		3	Amira	Issa	01:00.70	NJ DBC	6			
		4	Mihaela	Kracun	01:00.20	Catch22	5			
		5	Zelda	Zhao	00:57.50	DC Dragons	3			
		6	Nikkichu	Colasito	01:01.60	DC Dragons	7			
		7	Qing	Liao	01:07.40		8			
		8	Darlene	Tzou	00:55.50	DC Dragons	2			

200 m		Open Men / Youth Men		Round 2	Highlighted time is the faster round used for ranking					
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
7	10:18	1						See rankings below	Youth (18 and under)	M
		2	Lorenzo	Parkins	01:01.30	Capital City Dragons	5		Open (19 - 39)	
		3	Tony	Huang	00:52.00	Catch22	4		Open (19 - 39)	
		4	Armando	Gong	00:47.80	Catch22	1		Open (19 - 39)	
		5	Yohei	Rosen	00:48.00	Catch22	2		Open (19 - 39)	
		6	Matthew	Kinsey-Korzym	00:51.60	DC Dragons	3		Open (19 - 39)	
		7								
		8	Jayden	Ramdas	01:40.30	Capital City Dragons	6		Youth (18 and under)	

200 m Open Men Round 2 Highlighted time is the faster round used for ranking										
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
8	10:21	1						See rankings below	Open (19 - 39)	M
		2	Sean	Havens	00:47.00	Washington Canoe Club	4			
		3	James	Dunbar	00:42.10	DC Dragons	1			
		4	Andrew	Jackson	00:46.10	NCA Outrigger	3			
		5	Ilya	Pistryakov	00:52.00	DC Dragons	5			
		6	Joshua	Hernandez	00:45.70	DC Dragons	2			
		7	Matthew	Au	00:57.20	NJ DBC	6			
		8								

200 m Sr. B Women Round 2 Highlighted time is the faster round used for ranking										
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
9	10:24	1						See rankings below	Senior B (50+)	F
		2								
		3	Jin	Zhang	01:06.30	NCA Outrigger	3			
		4	Sharon	Goodall	01:03.30	NCA Outrigger	2			
		5	Eileen	Yorke	01:07.70	DC Dragons	4			
		6	Chezza	Brower	00:58.20	DC Dragons	1			
		7								
		8								

200 m Sr. A / Sr. B Men Round 2 Highlighted time is the faster round used for ranking										
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place (Best of 2)	Age Class	Gender
10	10:27	1	Paul	Colasito	00:51.50	DC Dragons	5	See rankings below	Senior B (50+)	M
		2	Steve		00:51.70	NCA Outrigger	6		Senior A (40+)	
		3	Alvin	Colasito	00:51.00	DC Dragons	4		Senior A (40+)	
		4								
		5	Brian	Turley	00:56.90	DC Dragons	7		Senior B (50+)	
		6	Tericke	Blanchard	00:48.50	DC Dragons	2		Senior B (50+)	
		7	Jeffrey	Wong	00:46.70	Catch22	1		Senior A (40+)	
		8	Carlos	Espada	00:49.40	NYC United	3		Senior A (40+)	

1000 m Open Men Tandem										
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
11	10:30	1	Jeff	Young	04:30.00	DC Dragons	2	2	Open (19 - 39)	M
		2	Brian	Highnam		DC Dragons				
		3	Armando	Gong	05:04.20	Catch22	4			
		4	Tony	Huang		Catch22				
		5	Tim	Summers	04:30.30	Washington Canoe Club	3	3		
		6	Martin	Lowenfish		Washington Canoe Club				
		7	Sean	Havens	04:28.00	Washington Canoe Club	3	1		
		8	Blaise	Rhodes		Washington Canoe Club				

1000 m Open / Sr. Women's Tandem										
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
12	10:40	1	Mihaela	Kracun	05:37.70	Catch22	4	2	Open (19 - 39)	F
		2	Silvia	Lee		Catch22			Open (19 - 39)	
		3	Masako	Ohashi	05:32.00	DC Dragons	3	2	Senior A (40+)	
		4	Chezza	Brower		DC Dragons			Senior A (40+)	
		5	Jennie	Vongsoasup	05:26.00	NJ DBC	1	1	Open (19 - 39)	
		6	Amira	Issa		NJ DBC			Open (19 - 39)	
		7	Annette	Ramos	05:27.50	NCA Outrigger	2	1	Senior A (40+)	
		8	Monica	Monteon		NCA Outrigger			Senior A (40+)	

1000 m Open / Sr. Mixed Tandem											
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender	
13	10:50	1	Nikkichu	Colasito	05:41.00	DC Dragons	3	2	Open (19 - 39)	F	
		2	Matthew	Kinsey-Korzym		DC Dragons			Open (19 - 39)	M	
		3	Steve		05:25.80	NCA Outrigger	2	1	Senior A (40+)	M	
		4	Jin	Zhang		NCA Outrigger			Senior A (40+)	F	
		5	James	Dunbar	04:44.20	DC Dragons	1	1	Open (19 - 39)	M	
		6	Zelda	Zhao		DC Dragons			Open (19 - 39)	F	
		7									
		8									

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1000 m		Random Tandem		For tandem teams which form on race-day							
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender	
14	11:00	1	Josh	Hernandez	05:21.00	DC Dragons	2		Open (19 - 39)	M	
		2	Brian	Turley		DC Dragons			Open (19 - 39)		
		3	Jayden/Marty		05:18.70	Capital City Dragons / DC Dragons	1				
		4	Sam/Paul			Washington Canoe Club / DC Dragons					
		5									
		6									
		7									
		8									

1000 m		Random Tandem		For tandem teams which form on race-day						
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
15	11:10	1	No entries / skipped							
		2								
		3								
		4								
		5								
		6								
		7								
		8								

5000 m		Open / Sr. Women								
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
16	11:20	1	Jennie	Vongsoasup	29:22.1	NJ DBC	3	1	Open (19 - 39)	
		2	Irna May	Connor	34:29.6	NCA Outrigger	6	2	Open (19 - 39)	
		3	Masako	Ohashi	28:35.9	DC Dragons	2	1	Senior A (40+)	
		4								
		5	Annette	Ramos	28:35.2	NCA Outrigger	1	1	Senior B (50+)	
		6	Sharon	Goodall	30:32.8	NCA Outrigger	4	2	Senior B (50+)	
		7								
		8	Jin	Zhang	33:02.10	NCA Outrigger	5	3	Senior B (50+)	

5000 m		Open Men								
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
17	12:00	1								
		2	James	Dunbar	21:47.30	DC Dragons	1	1	Open (19 - 39)	M
		3								
		4	Brian	Highnam	24:40.00	DC Dragons	3	3		
		5	Yohei	Rosen	23:57.20	Catch22	2	2		
		6								
		7	Joshua	Hernandez	27:43.50	DC Dragons	4			
		8								

5000 m		Sr. Men								
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
18	12:30	1								
		2	Steve		26:38.90	NCA Outrigger	6	2	Senior A (40+)	M
		3	Martin	Lowenfish	22:13.40	Washington Canoe Club	1	1	Senior B (50+)	
		4	Blaise	Rhodes	23:19.70	Washington Canoe Club	2	2	Senior B (50+)	
		5								
		6	Paul	Flack	24:24.00	DC Dragons	3	1	Senior C (60+)	
		7	Martin	Johnson	25:19.30	DC Dragons	5	3	Senior B (50+)	
		8	Carlos	Espada	25:06.90	NYC United	4	1	Senior A (40+)	

500 m		Open / Sr. Women								
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
19	1:00	1	Silvia	Lee	02:34.20	Catch22	3	3	Open (19 - 39)	F
		2	Amira	Issa	02:39.80	NJ DBC	5		Open (19 - 39)	
		3	Qing	Liao	03:01.10	Catch22	8		Open (19 - 39)	
		4	Nikkichu	Colasito	03:00.60	DC Dragons	7		Open (19 - 39)	
		5	Zelda	Zhao	02:34.00	DC Dragons	2	2	Open (19 - 39)	
		6	Darlene	Tzou	02:27.60	DC Dragons	1	1	Open (19 - 39)	
		7	Annette	Ramos	02:42.60	NCA Outrigger	6	2	Senior B (50+)	
		8	Chezza	Brower	02:39.30	DC Dragons	4	1	Senior B (50+)	

500 m Open Men										
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
20	1:05	1								M
		2	Armando	Gong	02:11.20	Catch22	1	1	Open (19 - 39)	
		3	Matthew	Au	02:40.30	NJ DBC	4		Open (19 - 39)	
		4	Joshua	Hernandez	02:14.90	DC Dragons	2	3	Open (19 - 39)	
		5	Brian	Highnam	02:14.50	DC Dragons	3	2	Open (19 - 39)	
		6								
		7								
		8								

500 m Open / Youth Men										
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
21	1:10	1								M
		2								
		3	Andrew	Jackson	02:07.70	NCA Outrigger	2	2	Open (19 - 39)	
		4	Matthew	Kinsey-Korzym	02:24.80	DC Dragons	4		Open (19 - 39)	
		5	Jeff	Young	02:05.80	DC Dragons	1	1	Open (19 - 39)	
		6	Tony	Huang	02:09.70	Catch22	3	3	Open (19 - 39)	
		7	Lorenzo	Parkins	02:51.40	Capital City Dragons	5	1	Youth (18 and under)	
		8								

500 m Sr. Men										
Heat	Time	Lane	Paddler		Time	Team / Club	Heat Place	Div. Place	Age Class	Gender
22	1:15	1	Brian	Turley	02:52.00	DC Dragons	7		Senior B (50+)	M
		2	Paul	Flack	02:11.70	DC Dragons	4	1	Senior C (60+)	
		3	Jeffrey	Wong	02:06.10	Catch22	2	1	Senior A (40+)	
		4	Tericke	Blanchard	02:10.60	DC Dragons	3	2	Senior B (50+)	
		5								
		6	Paul	Colasito	02:15.50	DC Dragons	5	3	Senior B (50+)	
		7	Martin	Lowenfish	02:03.90	Washington Canoe Club	1	1	Senior B (50+)	
		8	Martin	Johnson	02:17.90	DC Dragons	6		Senior B (50+)	

200 Meter Individual Rankings

200 m Rankings Open Women							
Rank	Paddler		Round 1 Time	Round 2 Time	Club / Team	Age Class	Gender
1	Jennie	Vongsoasup	00:56.10	00:54.80	NJ DBC	Open (19 - 39)	F
2	Darlene	Tzou	00:56.40	00:55.50	DC Dragons		
3	Zelda	Zhao	00:56.60	00:57.50	DC Dragons		
4	Silvia	Lee	00:57.20	00:58.50	Catch22		
5	Amira	Issa	00:59.30	01:00.70	NJ DBC		
6	Nikkichu	Colasito	1:00:00	01:01.60	DC Dragons		
7	Mihaela	Kracun	01:00.20	01:02.40	Catch22		
8	Qing	Liao	01:06.70	01:07.40	Catch22		

200 m Rankings Senior B Women							
Rank	Paddler		Round 1 Time	Round 2 Time	Club / Team	Age Class	Gender
1	Chezza	Brower	00:58.10	00:58.20	DC Dragons	Senior B (50+)	F
2	Sharon	Goodall	01:01.90	01:03.30	NCA Outrigger		
3	Jin	Zhang	01:03.50	01:06.30	NCA Outrigger		
4	Eileen	Yorke	01:03.80	01:07.70	GoPink!DC		

200 m Rankings Open Men							
Rank	Paddler		Round 1 Time	Round 2 Time	Club / Team	Age Class	Gender
1	James	Dunbar	00:41.30	00:42.10	DC Dragons	Open (19 - 39)	M
2	Jeff	Young	00:45.00	Bye	DC Dragons		
3	Armando	Gong	00:45.70	00:47.80	Catch22		
3	Tony	Huang	00:45.70	00:52.00	Catch22		
3	Joshua	Hernandez	00:48.00	00:45.70	DC Dragons		
4	Andrew	Jackson	00:46.40	00:46.10	NCA Outrigger		
5	Sean	Havens	00:46.90	00:47.00	Washington Canoe		
6	Yohei	Rosen	00:48.30	00:48.00	Catch22		
7	Matthew	Kinsey-Korzym	00:50.20	00:51.60	DC Dragons		
8	Ilya	Pistryakov	00:52.00	00:52.00	DC Dragons		
9	Matthew	Au	00:56.80	00:57.20	NJ DBC		

200 m Rankings Youth Men							
Rank	Paddler		Round 1 Time	Round 2 Time	Club / Team	Age Class	Gender
1	Lorenzo	Parkins	00:57.90	01:01.30	Capital City Dragons	Youth (18 and under)	M
2	Jayden	Ramdas	01:41.50	01:40.30	Capital City Dragons		

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200 m Rankings		Senior A Men					
Rank	Paddler		Round 1 Time	Round 2 Time	Club / Team	Age Class	Gender
1	Jeffrey	Wong	00:46.50	00:46.70	Catch22	Senior A (40+)	M
2	Alvin	Colasito	00:47.10	00:51.00	DC Dragons		
3	Carlos	Espada	00:49.10	00:49.40	NYC United		
4	Steve		00:50.20	00:51.70	NCA Outrigger		

200 m Rankings		Senior B Men					
Rank	Paddler		Round 1 Time	Round 2 Time	Club / Team	Age Class	Gender
1	Tericke	Blanchard	00:48.30	00:48.50	DC Dragons	Senior B (50+)	M
2	Paul	Colasito	00:49.80	00:51.50	DC Dragons		
3	Brian	Turley	00:56.50	00:56.90	DC Dragons		